

“SOULWORSHIP: LOVING GOD WITH YOUR EMOTIONS”

What times, circumstances, events, places, etc. bring out an emotional response in you? (Hallmark commercials, sports events, looking at family photos, etc.) What kind of response? (nostalgia, yearning, anger, love, sorrow, etc.)

When and where do you find it difficult to express your emotions? Is a church worship service one of those places? Why or why not?

What are acceptable ways of emotional expression in worship? What are unacceptable ways of emotional expression in worship?

Why should we express any emotions in worship? Why not?

What happens in our relationship with God when we shut down our emotions in worship? What would make us do this? How does shutting down our emotions affect our relationships with people? with God?

In what ways do you express your love to God with your emotions?

In what ways might we foster emotional expression in worship?

Write a psalm that expresses your feelings toward God. Share it with the rest of the class.