

MindWorship: Loving God with Your Thoughts - Study Notes

How did you relate to the girl in the skit, *One Morning in Church*? (How does it “translate” into similar adult thinking?) When your mind wanders in church, what kind of things are you thinking about?

How does worship relate to the phrase, “You will only get out of it, what you put into it?” How do we relate to worship as a “spectator” versus a “participant?”

Describe what it feels like to talk to someone whose mind is somewhere else? (Phone call, texting, distracted by surroundings, etc.)

What helps you to bring your thoughts back to worshipping God? How do you deal with distractions? Bob Ronglien says, “When our mind is not engaged with God, worship is literally meaningless.” What do you think?

Read Mark 12:29-30. What do you think the Scripture means to “love God with all your mind”?

What have we gained through an increase in knowledge in our world today? What have we lost? How does rational thought detract from worship? How does it aid in worship? How does a sense of wonder and awe help us to worship?

How is loving God like being in love with a person? How would this affect a person’s thoughts in worship?

Read Romans 12:2. What does this verse say about “loving God with your thoughts”? What does the Spirit do? What do we do?

Have you ever made a practice of Scripture memory? How has this been helpful?

How might you prepare your mind for coming to worship God?